

\$0
cost
to you

Access health programs built just for you

Williams-Sonoma is offering Omada[®] for one-on-one health coaching, specialist support and smart devices to help members manage diabetes, lower blood pressure or manage weight.*

The best part: Omada is no cost to you if you're eligible to join—up to a \$1,700 value.

Join Omada for access to

- ✓ Personal support from an Omada health coach and specialist*
- ✓ Easy monitoring with smart devices and tools
- ✓ Online peer groups and communities

**Omada will be available
on July 1, 2024.**

Learn more today: omadahealth.com/williams-sonoma



Programs available to you



**Easier
diabetes
management**



**Take
control of
blood pressure**



**Manage weight
and lower
health risks**

If you or your covered adult dependents are enrolled in the company medical plan offered through Cigna, are at risk for type 2 diabetes or heart disease or are living with diabetes or high blood pressure, and are accepted into the program, you'll receive the program at no cost.

All members receive a welcome kit*

With easy-to-use devices, shipped to your door and yours to keep. All at no cost to you.

- ✓ Two continuous glucose monitors (CGMs)
- ✓ Blood glucose meter
- ✓ Ongoing supply of test strips and lancets
- ✓ Blood pressure monitor
- ✓ Smart scale

*Certain features and smart devices are only available if you meet program and clinical eligibility requirements. CGMs are only available if you qualify for the diabetes program. CGMs also require a prescription and a compatible smartphone. You will receive two (2) CGM sensors—one after you enroll and the other at the six month follow-up.

Images, including apps, do not reflect real members or information about a specific person

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